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| **Supplementary Material 1. Best fitting model of trajectory class** |
| **Number of groups** | **Null model** | **BIC2** | **BIC3** |
| 1 | - | -26556.17 | -26571.12 |
| 2 | 1 | -25261.72 | -25265.99 |
| 3 | 2 | -24440.45 | -24446.86 |
| 4 | 3 | -23752.36 | -23760.90 |
| **5** | **4** | **-23414.72** | **-23426.81** |
| 6 | 5 | -23776.75 | -23789.57 |
| 7 | 6 | -26556.17 | -26571.12 |
| BIC2= Bayesian information criterion (for the total number of participants) / N=2,774 |
| BIC3= Bayesian information criterion (for the total number of observations) / N=11,520 |