

## Supplementary Material 3

### Forest Plot of Subgroup Analysis

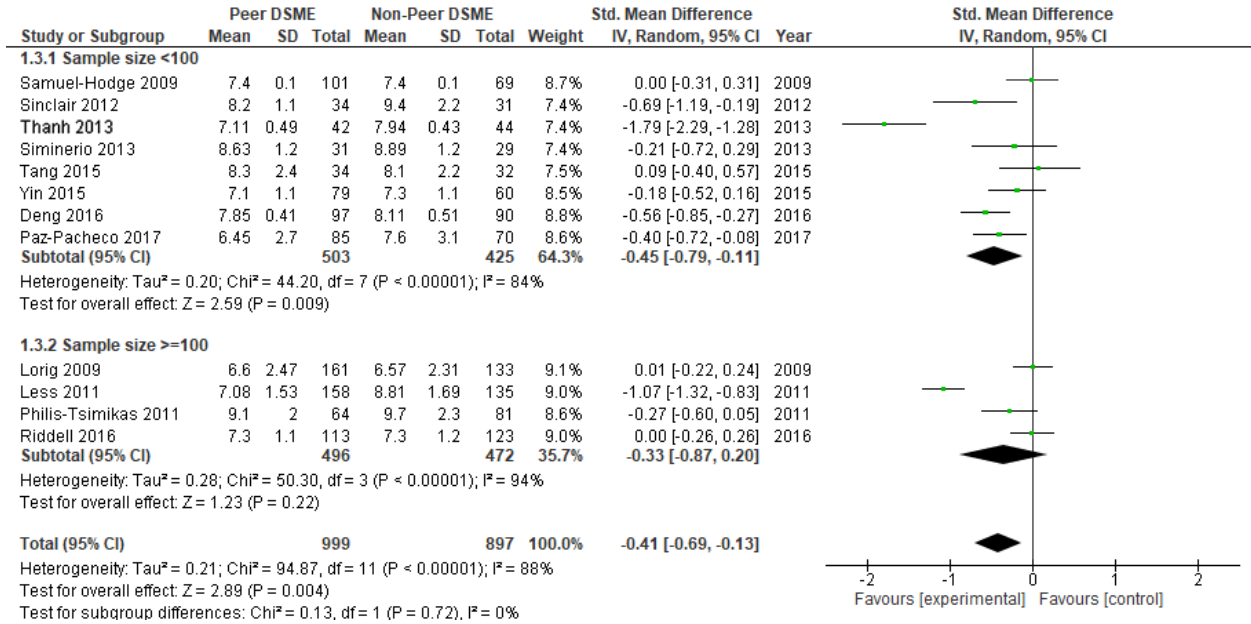


Fig 1. The effect Size and 95%CI of included studies based on sample size

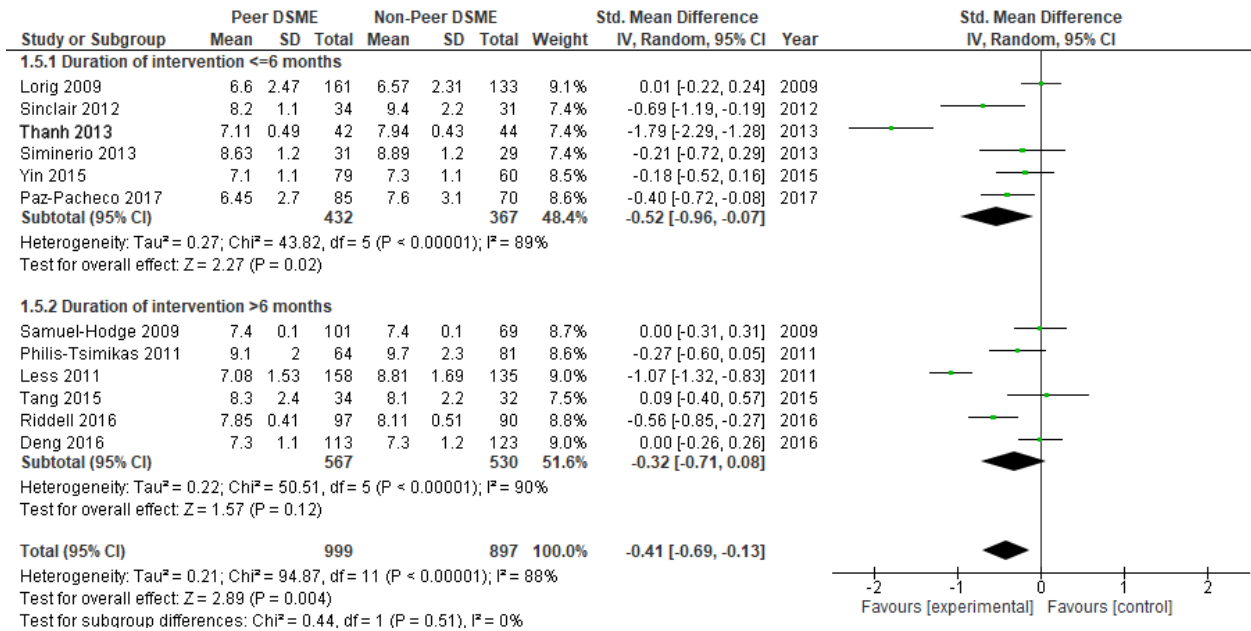


Fig 2. The effect Size and 95%CI of included studies based on duration of intervention

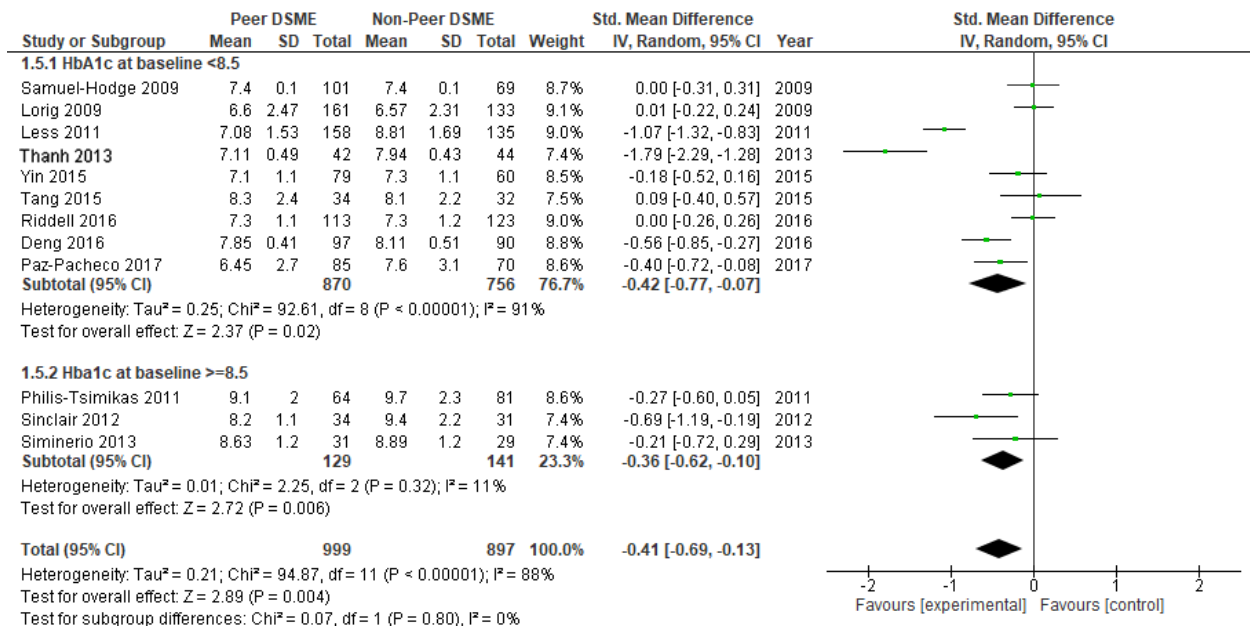


Fig 3. The effect Size and 95%CI of included studies based on the HbA1c baseline

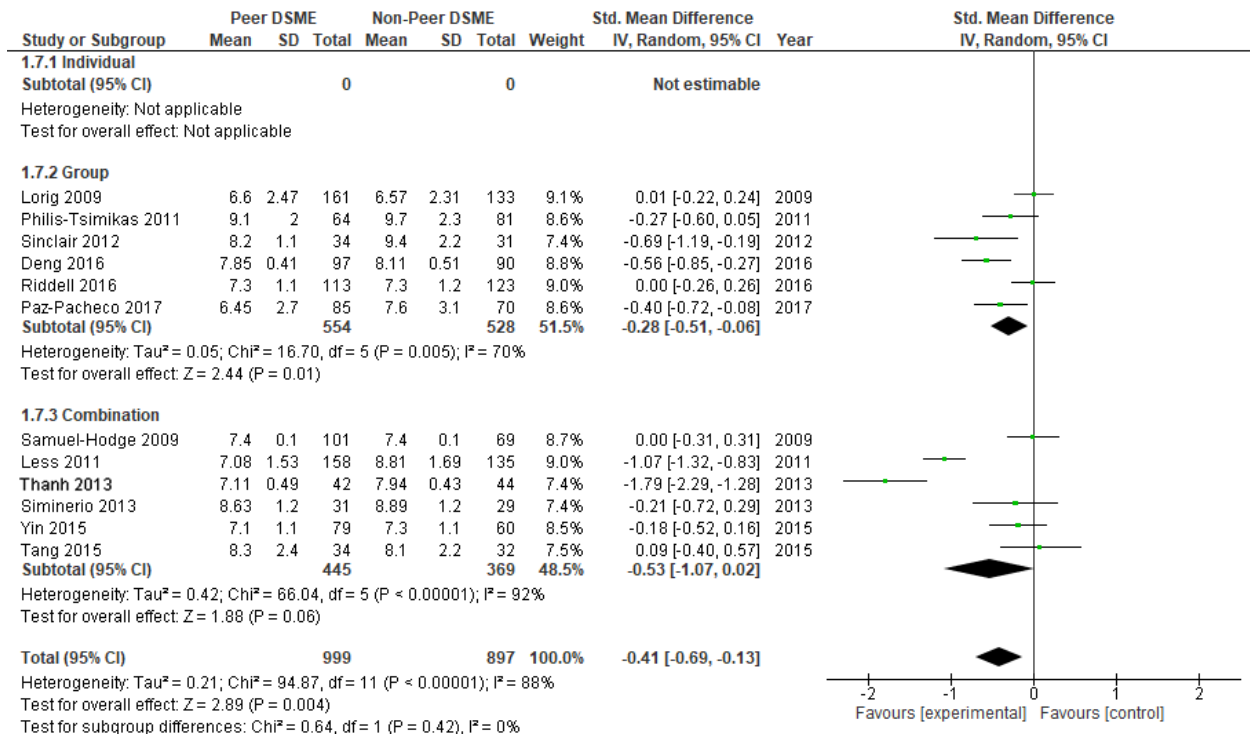


Fig 4. The effect Size and 95%CI of included studies based on type of delivery

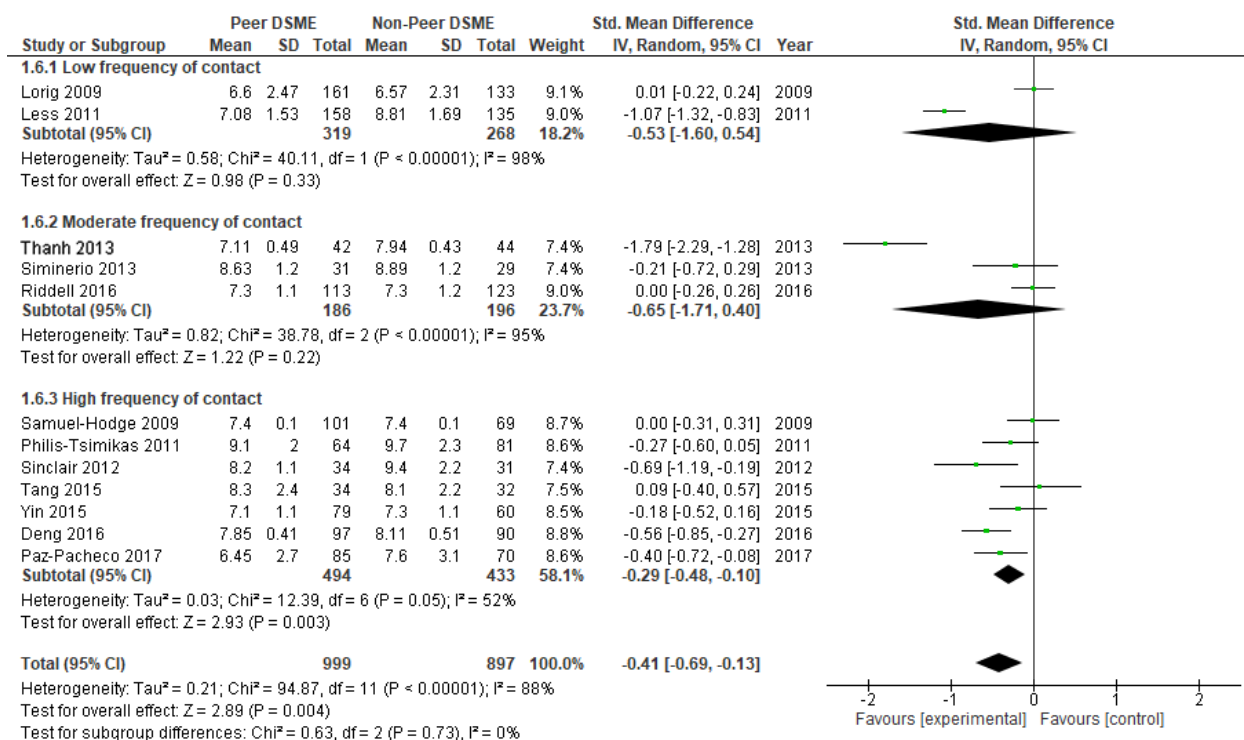


Fig. 5 The effect Size and 95%CI of included studies based on frequency of contact