

Appendix 1. Differences of BMI and WC according to smoking amount of current smokers¹

	BMI		WC	
	Crude	Adjusted ²	Crude	Adjusted ²
Smoking amount (cigarette/d)				
1-10	23.83 (23.46, 24.20)	23.84 (23.29, 24.40)	81.85 (80.70, 83.01)	82.12 (80.62, 83.62)
11-20	24.36 (24.05, 24.66)	24.16 (23.56, 24.76)	83.96 (83.10, 84.82)	82.69 (81.15, 83.23)
>20	24.58 (23.79, 25.37)	24.50 (23.66, 25.33)	85.93 (83.72, 88.14)	84.18 (81.90, 86.45)
p-value	0.09	0.30	0.001	0.23

Values are presented as mean (95% confidence interval).

BMI, body mass index; WC, waist circumference.

¹Data were analyzed using analysis of covariance.

²Adjusted for age, sex, physical activity, alcohol consumption, hypertension, and diabetes.

Appendix 2. Obesity distribution of current smokers by daily smoking amount

	Obese		Centrally obese	
	Yes	No	Yes	No
Smoking amount (cigarette/d)				
1-10	33.8 (2.1)	66.2 (2.7)	25.7 (1.9)	74.3 (3.3)
11-20	39.3 (2.1)	60.7 (2.6)	27.7 (2.0)	72.3 (3.2)
>20	44.6 (1.1)	55.4 (1.5)	33.7 (1.0)	66.3 (2.0)
p-value ¹	0.21		0.35	

Values are presented as proportions (standard error).

¹p-values are calculated by chi-square test.